Spiritual Gifts Recognition Tool for Adults – www.st-matts.org/sgrt/

The SGRT contains 70 statements for adults and takes approximately 10-15 minutes for completion. After carefully reading each statement, think about how it reflects your life experience.

Assign a value using a 0-5 point scale:
0 = Never; Not true
1 = Rarely; Seldom true
2 = Some of the time; Occasionally true
3 = Half of the time; Usually true
4 = Most of the time; Consistently true
5 = All of the time; Always true

1. ___ I am skilled at organizing people to accomplish many different tasks and objectives.
2. ___ I believe everyone needs encouragement in this life, and I love to give it.
3. ___ I live confidently knowing that God is intimately concerned and involved with my life.
4. ___ I live a simple lifestyle so that I can give a larger portion of my income to The Lord's work.
5. ___ People ask me my perspective or interpretation of specific passages of Scripture.
6. ___ I have been told that I am a "dreamer."
7. ___ I have great empathy for those who are facing difficult life challenges.
8. ___ I enjoy doing everyday tasks that support the various ministries of the church.
9. ___ I spend large amounts of time studying the Word of God knowing that my effort will make a difference in someone's life.
10. ___ I have helpful insights into situations that have not been made clear to others.
11. ___ I can clearly see what needs to be done and implement a plan to make it happen.
12. ___ When people are discouraged, I remind them of the power and promises of God found in Scripture.
13. ___ I trust God completely to answer my prayers according to His perfect will.
14. ___ I joyfully give of my income - often more than a tithe.
15. ___ The Spirit has brought to my mind information that I have been able to use to minister to others effectively.
16. ___ I have a vision for my church or ministry and I know what needs to be done to accomplish it.
17. ___ I see the sick or needy as those who most need the love and comfort that Jesus offers.
18. ___ I readily volunteer to help in church when I know it will fill a practical need.
19. ___ I effectively communicate the Bible in ways that influence and motivate others to learn more.
20. ___ I have learned through my experiences in life and can guide others who are facing similar difficulties or challenges that I have had.
21. ___ I am good at delegating responsibility and trust others to "do their jobs."
22. ___ I am compelled to challenge and inspire growth in those whose faith is stagnant.
23. ___ I know God will come through even if I don't see any possible solution to my problem.
24. ___ When I give it brings me great joy knowing that more people will be served and touched with the Gospel.
25. ___ I study the Bible in order to share truth with others in and outside the church.
26. ___ I am not afraid to take risks to advance the kingdom of God through my church or ministry.
27. ___ I care deeply about those who are hurting and want to help them navigate through their tough times.
28. ___ I like to be in the background and have no need of recognition for my service in the church.
29. ___ I am able to explain deep theological truths in ways that even a child can understand them.
30. ___ I help people by offering Scriptural lessons and principles as solutions to life's various challenges.
31. ___ I like to create ways to make things run efficiently in my life and work.

IMPORTANT! Do not assign a value according to what you think should be true today or hope might be true in the future. Be honest and assign a value to the statements on the basis of your lived experience. The highest possible score for each gift category is 35.
32. ___ I am not afraid to challenge someone if I know it will foster spiritual growth and boldness in their life.
33. ___ I will boldly move forward in a situation if I sense God's calling and provision to do so.
34. ___ I believe I have been blessed financially so that I may be a blessing to the church and her mission to reach the lost and help the poor.
35. ___ I retain most of what I learn and can recall it quickly when the need arises.
36. ___ I can readily identify leaders and love to help them grow in their gifts and abilities.
37. ___ I love to see people through the storms of life and show them the compassion that Jesus did.
38. ___ I set aside time in my week to help those in need in my church and community.
39. ___ I hate it when someone uses Scripture out of context for their own purposes.
40. ___ I can see where a group or individual's decisions and actions will lead them, and I offer to guide them in the right direction.
41. ___ Details matter to me and I pay special attention to make sure things are done correctly.
42. ___ Others have told me that my words have compelled them to step out and grow in their faith.
43. ___ Even when times are tough, I trust God completely to comfort me and provide for my needs.
44. ___ Stewardship is an important discipline in my daily walk with Christ.
45. ___ I like to share the truth and insights God has shown me with others.
46. ___ People look to me to lead a group or project.
47. ___ I have been known to "care too much" and help others in their time of need.
48. ___ If I recognize a need in the church I simply fill it without being asked.
49. ___ I pay attention to the words people use because each one is significant and has meaning.
50. ___ It is humbling to me when someone asks for my guidance, so I take great care to help them.
51. ___ I manage my time wisely.
52. ___ When others are faced with difficult situations, I boldly tell them of the faithfulness of God towards His people.
53. ___ I don't worry because of my confidence in God's ability and willingness to see me through every circumstance.
54. ___ I seek ways to help others financially and share the love of Christ with them.
55. ___ I am able to relate the truth and realities of the Gospel to all aspects of life.
56. ___ I am not afraid to step up and take charge in a crisis situation.
57. ___ I seek out those who are deemed "lost causes" and aid them in restoring their lives.
58. ___ I believe there is eternal significance in performing mundane tasks and service.
59. ___ I love discovering how the Gospel is woven throughout the entire Bible as I spend time in study.
60. ___ I can easily see which plan or strategy is the best one in a given circumstance.
61. ___ My desk or workspace is set up so I can access whatever I need quickly.
62. ___ If a person or a group is stumbling or deviating from the life God has intended for them, I will speak up and press them to remember and return to joyful life in Christ.
63. ___ I encourage others to trust God in everything.
64. ___ I give generously and without pretense to the ministry of God's people.
65. ___ I can quickly recall a Scripture verse or passage that applies to a given situation.
66. ___ I am more "visionary" than detail oriented. I concentrate more on the big picture than the day-to-day particulars.
67. ___ Others have showed appreciation that I have comforted and ministered to them at a low point in their lives.
68. ___ I find joy in being a helper and assisting others in their ministries.
69. ___ The Holy Spirit gives me just the right words to say when I am teaching an individual or group.
70. ___ I can see through the confusion or conflict in a situation and provide a practical and Scriptural solution to it.
**Spiritual Gifts Recognition Tool Scoring Directions**

Write your score (from 0-5) for each question in the box with that question number. Add up each column and write your total scores above the corresponding Gift Code. Once you have done this you can check the key below to see what spiritual gift each Gift Code represents. The highest score for any gift is 35. The higher the score, the stronger you are in that spiritual gift based on your responses.

**Scoring Matrix (Adults)**

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**Total Scores**

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**Gift Codes**

- **Ad** = Administration
- **Ap** = Apostleship
- **Di** = Discernment
- **Ev** = Evangelism
- **Ex** = Exhortation
- **Fa** = Faith
- **Gi** = Giving
- **Kn** = Knowledge
- **Le** = Leadership
- **Me** = Mercy
- **Pa** = Pastor/Shepherd
- **Pr** = Prophecy
- **Se** = Serving/Ministering
- **Te** = Teaching
- **Wi** = Wisdom

**Description of Spiritual Gifts:** [www.st-matts.org/descriptions-of-spiritual-gifts/](http://www.st-matts.org/descriptions-of-spiritual-gifts/)

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